



PRICE LIST

Studio Luisa



GRAND HOTEL TOPLICE

SAVA HOTELS & RESORTS



slh.com

YOUR WORLD OF GENTLE PAMPERING

Our aim at the Luisa Studio is to create a pleasant retreat, providing relaxation of the body and spirit for all who long for friendly warmth, peace and an intimate ambience. Our desire is that you may be able to leave some of your tension here, find a higher quality of life and be better able to cope with the stresses of everyday life.

The staff of the Luisa Studio

OPENING HOURS

October 1 – March 31: from 7am to 9pm;

April 1 – September 30: from 7am to 8pm.

**Luisa reserves the right to change the business hours schedule upon prior notification.*

HOTEL GUESTS

Use of the thermal pool and saunas is free of charge for guests of the Grand Hotel Toplice.

RECOMMENDATIONS

We recommend that you arrive at least 10 minutes before the treatment to better prepare for the relaxing experience. Heavy meals and alcoholic beverages are strongly discouraged prior to the therapy. Please advise your therapist of any ailments you may have prior to the treatment.

GIFT VOUCHERS

Gift vouchers for our relaxation services may be obtained at our studio. Please contact reception at the Luisa Studio for additional information.

SALES

High-quality beauty products may be purchased at the studio to prolong the effects of the treatment.

CANCELLATIONS

Should you wish to cancel your reservation, please advise us at least 24 hours beforehand. Should you fail to cancel your booking, we will be obliged to charge you 50% of the price of the reserved service.

RESERVATIONS

We recommend that you book the services of the Luisa Studio in advance. Tel.: +386 (0)4 579 13 71,
E-Mail: studioluisa@hotelbled.com.

*A source of health, beauty
and rejuvenation*

WHY 'LUIZA' STUDIO?

Two thermal springs were discovered on the shore of Lake Bled in 1818. A hotel, a forerunner of today's Grand Hotel Toplice, was built on this spot, right by the lake, in 1850. The hotel was named Luisenbad in 1854, after Luisa, the wife of the owner.

THERMAL SWIMMING POOL

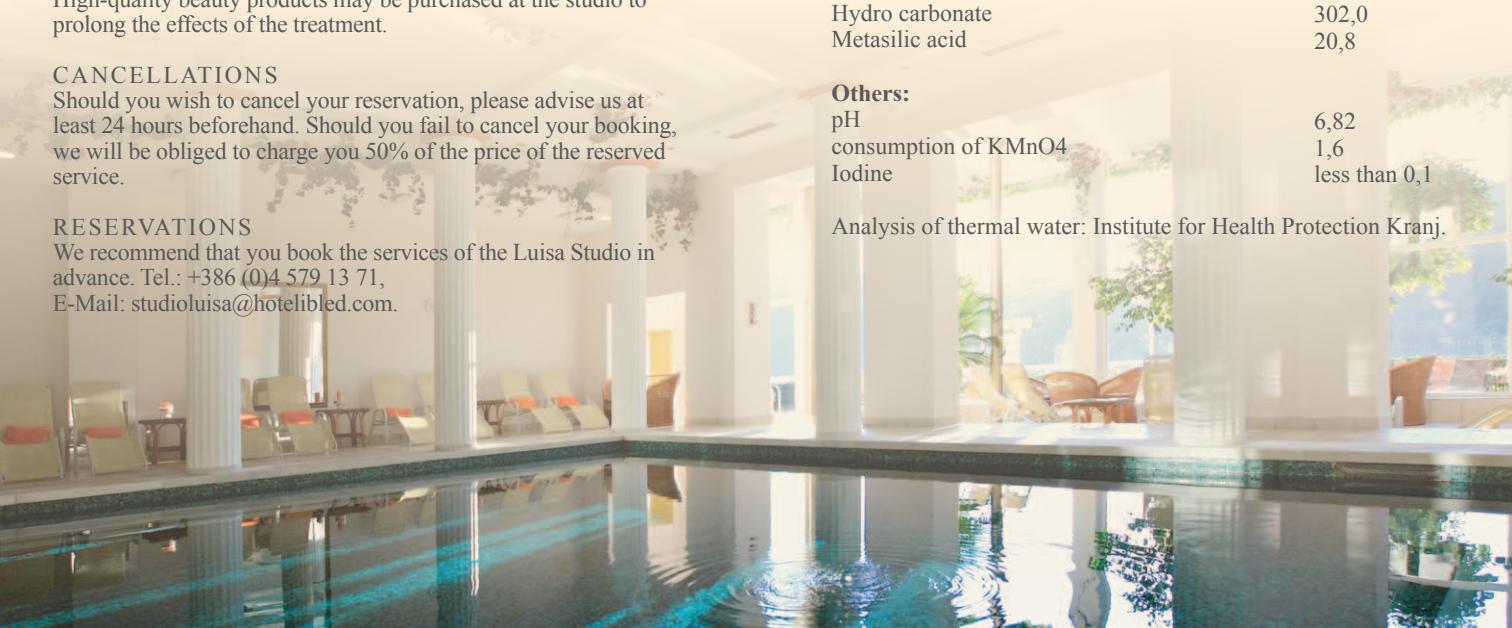
The water in the elegant thermal pool, which was built in 1925, is drawn from a hot spring (22° C) and has been ascribed healing properties for almost two centuries. Bathing in this water benefits internal organs, especially the heart, cardiovascular and nervous systems, while drinking the water has positive effects on the stomach and other internal organs.

Chemical composition of the thermal water:	mg/l
Potassium	3,3
Sodium	20,8
Calcium	141,0
Magnesium	42,5
Aluminium	1,5
Chloride	1,9
Nitrate	0,5
Sulphate	21,8
Phosphate	0,015
Hydro carbonate	302,0
Metasilic acid	20,8

Others:

pH	6,82
consumption of KMnO4	1,6
Iodine	less than 0,1

Analysis of thermal water: Institute for Health Protection Kranj.



FACIAL TREATMENTS

Facial exfoliation and massage, 30 minutes (Dr. Grandel) EUR 26.00

Classical facial treatment with deep exfoliation, 60 minutes (Dr. Grandel) 49.00

Facial exfoliation, manual removal of skin impurities, relaxation moisture mask

Vita Basic moisturising treatment, 40 minutes (Dr. Grandel) 37.00

Gentle cleansing, exfoliation, vitamin facial massage and treatment with cream, especially adapted to your skin type.

Nanocell Treatment, 55 minutes (Dr. Grandel) 49.00

Enriched facial moisture treatment regenerates and protects your skin giving it back that fresh and youthful shine. The treatment includes: gentle cleansing, exfoliation, application of anti-aging and rejuvenating serum around the eyes and mouth, specific vitamin facial mask and facial massage and a finishing treatment around the eyes and face with anti-aging serum.

“Natural elements” anti-stress treatment, 60 minutes (Dr. Grandel) 54.00

Environmental factors, stress and an active lifestyle can leave visible effects on the skin. The facial treatment contributes to improved balance and includes: skin cleansing with gel, exfoliation, application of a beauty ampoule for revitalising and firming the skin, anti-stress massage for the face, neck and décolleté, anti-stress facial mask and relaxing eye treatment.

Energy treatment for men, 60 minutes (Babor) 55.00

Special facial treatment which is, at the same time, a real elixir against fatigue and stress. The treatment comprises: skin cleansing with foam and tonic, facial massage using relaxation fluids, collagen facial and neck mask and finishing treatment with an energy rejuvenating mask. During the facial and neck massage a hair loss prevention serum will be applied to your scalp.

LUXURIOUS FACIAL TREATMENTS

Timeless beauty, 80 minutes (Dr. Grandel) EUR 68.00

Gentle cleansing, gentle exfoliation, application of serum and anti-wrinkle ampoule, rejuvenating facial massage, firming ‘peel off’ mask, treatment of the skin around the eyes with essences of grain shoots and anti-ageing treatment. The treatment is complemented by a rejuvenating hand massage.

HSR – lifting treatment, 80 minutes (Babor) 76.00

Exclusive facial treatment with lifting effects for mature skin. The treatment comprises exfoliation and a relaxing massage, and a facial and décolleté mask using products containing moisturising and anti-ageing substances. The treatment is supplemented with a scalp massage.

Oxygen facial treatment, 75 minutes (Babor) 93.00

Intensive, refreshing oxygen treatment to rejuvenate skin.

The treatment comprises: gentle cleansing, exfoliation, facial and décolleté massage, moisture mask and treatment with an oxygen ampoule, finishing eye treatment with cream adapted to the skin (moisturising or rejuvenating). For additional relaxation, we will spoil you with a palm paraffin wax treatment and a foot massage.

SUPPLEMENTS TO SELECTED TREATMENTS

Deep cleansing of the pores 12.00

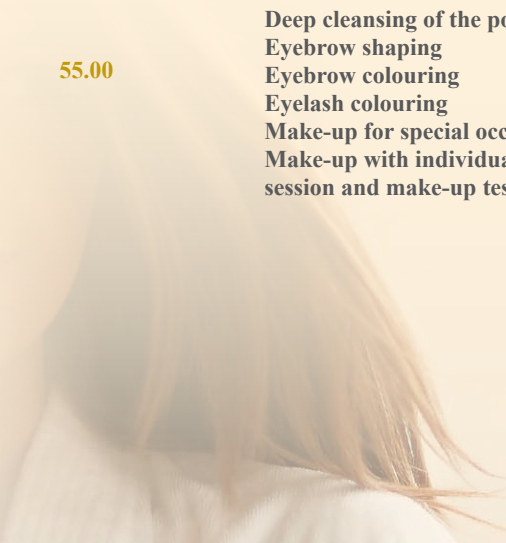
Eyebrow shaping 7.00

Eyebrow colouring 6.00

Eyelash colouring 6.00

Make-up for special occasions 17.00

Make-up with individual advice session and make-up test 25.00



PERRON RIGOT DEPILATION EUR

Depilation of facial hair	
Complete	12.00
Partial	9.00
Armpit depilation	18.00
Arm depilation	15.00
Depilation of bikini hair	14.00
Brazilian depilation	23.00
Leg depilation	
Also includes a foot massage with jasmine oil and treatment to delay hair growth.	
Complete	30.00
Partial	20.00

TREATMENTS FOR THE HANDS AND FEET

Manicure, classical, 50 minutes	31.00
Pedicure, classical, 50 minutes	37.00
Pedicure, medical, 60 minutes	45.00
Classical manicure & pedicure , 80 minutes	65.00
Application of nail varnish	8.00
French polish	14.00
Nail polish removal	1.00
Replacement nail	
Small	12.00
Large	19.00
Treatment of ingrown nail or bunion, 20 minutes	14.00
Paraffin wax hand pack	14.00
Stimulates blood circulation and leaves your skin smooth and soft.	
Hand massage with rejuvenating cream, 15 minutes	9.50

PRESTIGIOUS TREATMENTS FOR THE HANDS AND FEET EUR

Luisa SPA manicure, 80 minutes	44.00
Classical manicure, exfoliation, nail varnishing, luxurious hand massage with rejuvenating cream and hand mask.	
Luisa SPA pedicure, 85 minutes	56.00
Classical pedicure, exfoliation of the feet, nail varnishing, reflexology foot massage and treatment with rejuvenating cream.	

MASSAGES

Reflexology foot massage, 30 minutes	26.00
Classical massage:	
Whole-body, 45 minutes	41.00
Partial, 25 minutes	25.00
Partial, 15 minutes	17.00
Classical massage with the addition of warm herbs:	
Whole-body, 50 minutes	46.00
Partial, 25 minutes	28.00
Classical full body massage with honey	
Whole-body, 50 minutes	46.00
Partial, 25 minutes	28.00
Anti-stress massage, 50 minutes	45.00
Massage of the scalp, face, legs and back	
Exotic massage with herbs, 50 minutes	46.00
Décleur aromatic massage, 75 minutes	65.00
A butterfly touch, 55 minutes	46.00
This fully co-ordinated dance of the hands and soft body brushes leads you into a silky and velvety world of wellbeing. Warm oils gently embrace the body and pamper it with rich invigorating and rejuvenating aromas.	
Royal bamboo	
This gentle massage including the energy of the hands and bamboo sticks takes you to a world of exotic relaxation and balanced feelings.	
Body massage, 45 minutes	43.00
Massage and relaxing full-body exfoliation, 75 minutes	71.00

Wacapou – massage with wooden stones

This special massage combines the power of human touch with the energy of wood from the sunny paradise islands. The gentle ‘journey’ of the exotic stones along the body accelerates the exchange of substances and detoxification, aiding the achievement of ‘slimming’ effects.

Body massage, 45 minutes

Massage and full-body exfoliation, 75 minutes

EUR

43.00

71.00

Lux Candlelight massage

Each Lux massage is a journey into a world of sensuality and wellbeing for people who want to take a pleasant moment to spoil their bodies and souls. You can select from among the following aromas: energy (atomic), relaxing (aquamarine), aphrodisiac (myrrh), calming (orange), love (black garnet).

We recommend a facial peeling with black hamma soap before the massage, to clean the skin and remove dead skin.

Lux massage, 50 minutes

Exfoliation and Lux massage, 70 minutes

46.00

63.00

76.00

Massage mosaic, 80 minutes

Relaxing combination of facial massage, body massage and reflexology with balms and oils of your choice. The massage is complemented by warming of the body with warm herbs and relaxation over selected soothing teas.

Ayurveda massage – “Loving hands massage”, 70 minutes

Relaxation and anti-stress effect. Contributes to body cleansing. Cleanses the body and improves circulation and wellbeing. This massage is performed using warm herbal oils based on Indian medicine.

69.00

EXFOLIATION OF THE BODY

EUR

Sweet honey-milk full-body peeling, 30 minutes

28.00

Décleor aromatic exfoliation and treatment with rejuvenating cream, 30 minutes

29.00

Wine full-body peeling using wine firming lotion, 30 minutes

29.00

MASKS IN A WARM COCOON

Décleor rejuvenating body mask, 35 minutes

Aromatic rejuvenating mask to form and firm the body.

36.00

Anti-cellulite mask, 40 minutes

A mask made from clay, algae and herbs in a warm cocoon and finishing treatment with anti-cellulite oils

37.00

Three-mask package

99.00

Luxurious face and body beauty duet, 50 minutes

Your body will rest in an intensive cooling Chocó mint mask, recommended for dehydrated skin. Your face will be spoiled with a moisturising mask which will bring back its shine.

50.00



PRESTIGIOUS BODY TREATMENTS

Body Dream Deluxe, 80 minutes

Relaxing and rejuvenating face and body treatment.

- Full-body sugar peeling.
- Full-body massage with an enriched cream for smooth and moisturised skin.
- Rejuvenating face and décolleté massage.

Luisa's beauty spring, 90 minutes

For ladies who know that relaxation and care for your self are the keys to a beautiful and fresh appearance.

- Milk bath with jasmine oil added to enhance the elasticity of the skin.
- Relaxing full-body massage.
- Creaming of the body with a firming and anti-ageing effect.
- Facial massage and beauty mask, adapted to the requirements of the skin (moisturising, rejuvenating or anti-stress).

Luisa's energy elixir, 90 minutes

For gentlemen who appreciate the power of nature and its best ingredients and positive energy, provided by the touch of the human hand.

- Aromatic massage bath for the revitalisation of the body.
- Relaxing full-body massage, focussing especially on the back and shoulders.
- Reflexology foot massage.

Honey-milk ritual, 100 minutes

Luxurious treatment with honey and shea butter offers extraordinary skin generation and improves the body's immunity. Slows down the ageing process; your skin will therefore be moisturised, firm and soft following the treatment.

- Honey-milk bath.
- Full-body sugar peeling.
- Honey-milk full-body massage, 40 minutes.
- Body mask for soft, smooth and youthful skin.
- While the body mask is applied we will treat your face with a nutritious and moisturising honey-milk mask.

EUR

72.00

93.00

88.00

93.00

Sweet Embrace of Chocolate, 105 min

The power of natural ingredients melts away tension, exhaustion and stress in this exotic ritual treatment.

- Full body scrub with honey and sugar
- Full body massage with cocoa massage butter, 35 min
- Resting with a warm chocolate mask for complete body relaxation
- Application of moisturizing chocolate milk to wrap up the treatment.

Spices for a Slimmer Silhouette, 100 min

A special mix of spices stimulates energy flow and skin metabolism, thereby reducing the appearance of "orange peel" skin and accumulation of fat cells. The treatment helps to slim down hips and thighs and results in a more flattering body shape.

- Full body scrub with pepper
- Fully body massage with special oil for a slimming effect
- Application of chilli and guarana serum for the stimulation of metabolism and detoxification of the skin
- Peel-off mask with ginger and mango, relaxation in a warm cocoon designed for intensive detoxification
- Application of chilli gel with a slimming effect to wrap up the treatment.

Luisa aroma package, 120 minutes

Luxurious treatment for a complete revitalisation of the skin. The aromas have a wondrous effect on the body and soul.

- Aromatic creamy exfoliation.
- Décleor aromatic massage, 75 minutes.
- Firming rejuvenating aromatic mask.
- Treatment with vitaroma cream with rejuvenating effect.

EUR

99.00

99.00

107.00



PARTNER PAMPERING

EUR

“Romantic duo” package, 100 minutes

The package includes: bath with rose oil alongside a glass of champagne and a full-body candlelight massage with warm oils

Price per couple 145.00

Price per couple, including use of the thermal pools and saunas. 165.00

“Herbal Relaxation Package”, 100 minutes

The package includes: herbal bath and full-body mosaic massage

Price per couple 142.00

Price per couple, including use of the thermal pools and saunas. 162.00

BATHS

Basic Power of Nature treatment, 40 minutes

For one 30.00

For two 46.00

A herbal bath with freshly prepared boiled herbs makes your body feel better, healthier and more relaxed. Guests may choose from the following bath types:

- Relaxation Bath (balm, lavender, thyme, orange blossoms, stinging nettle and chamomile)
- Detox Bath (lemon grass, orange peel, ginger, aniseed and rosemary)

To wrap up the treatment guests are invited to chill out in our winter garden, where they can enjoy a cup of herbal tea (complementary with the bath treatment).

Pearls of relaxation, 40 minutes

For one 34.00

For two 50.00

Massage baths in a romantic candlelit ambience and including a glass of sparkling wine. The relaxing bath experience is supplemented by the power of ethereal oils and sea minerals, which have an aromatherapeutic effect on the body and soul. You may select from the following baths:

- Energy of the summer morning (with citrus oils).
- Gentleness of the summer evening (with rose oil).
- Cupid’s cup of vitality (with oils of coriander, cinnamon and orange).
- Jasmine garden (with jasmine oil).
- Light & Fresh treatment (with eucalyptus oil)

CHILDREN’S CORNER

EUR

(up to 10 years of age)

Partial body massage, 25 minutes 20.00

Gentle cleansing with gel and facial massage, 20 minutes 17.00

Chocolate body mask, 30 minutes 24.00

Nail varnish 6.00

Manicure, 30 minutes 21.00

Pedicure, 30 minutes 23.00

Make-up for children, 15 minutes 10.00

Children’s foam bath with a non-alcoholic cocktail, 30 minutes

For one 30.00

For two 45.00



THERMAL SWIMMING POOL EUR

Swimming, daily admission for adults **6.50**
Swimming, daily admission for children up to the age of 10 **3.50**

Finnish, Turkish or infrared sauna, daily ticket* **16.00**
Monday – Friday

Finnish, Turkish or infrared sauna, daily ticket **17.50**

*Saturday, Sunday, holidays

**The fee for the saunas also includes use of the thermal pools.*

Annual fee for the saunas, thermal pools and outdoor swimming pool complex **760.00**
(valid for 1 year from the date of purchase)

Solarium, token for three minutes **2.50**

Bathrobe hire **5.00**

Towel hire **2.50**

OUTDOOR SWIMMING POOL COMPLEX (open from June to September)

One-day ticket for the outdoor swimming pool complex and thermal pools **15.00**
(the price includes the use of bathing towels, sunshade, lounge chairs and welcome drink)

Season ticket for the outdoor swimming pool complex and thermal pools **299.00**
(valid from June to September)

Upon the purchase of ten daily tickets, you will receive one ticket free of charge.

THE FOLLOWING HIGH-QUALITY COSMETIC PRODUCTS ARE USED AT OUR STUDIO:

Décleor
Ethereal oils of unique quality, united in the Aromessence cosmetic line, are the base of our beauty facial and body treatments. They tone the skin and have antiseptic and softening effects. Aromas used during aromatherapy enhance your wellbeing with their calming and energising characteristics. The broad choice of beauty products is an excellent base for the prestigious beauty treatments of the Luisa Studio.

Dr. Grandel
The beauty products of this traditional German cosmetic house are based on valuable herbal essences. They are used with most of our facial treatments and energising vitamin body treatments. The products of the Protect line protect the skin and give it a youthful appearance. The Timeless line has an anti-ageing effect, enhanced by the essences of young beech and valuable oils of grain shoots.

Bernard Cassiere
These high-quality cosmetic products from the Sothys laboratories are ideal for all who seek exotic pampering and are especially intended for skin up to the age of 35. They are based on natural ingredients such as chocolate, lemon, hemp and numerous spices. They have an in-depth effect on the skin, while their luxurious and unusual aromas pamper all senses.

The pricelist is valid from June 1 2011. Prices are inclusive of VAT.





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SAVA HOTELS & RESORTS



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Cesta svobode 12, SI-4260 Bled, Slovenia

T: +386 4 579 10 00 | F: +386 4 574 18 41

E: ghtoplice@hotelbled.com

www.hotel-toplice.com



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